Bringing the NA program *Online* to jails and prisons

NARCOTICS ANONYMOUS

Carrying The Message of Freedom

What to consider for online meetings:

▶ Getting started

▶ Technical issues – working with IT

▶ Security changes but still important

▶ Literature delivery

▶ Reentry programs – a separate challenge

▶ Beyond Covid-19

Getting Started

- Develop an inside champion – Chaplain or Volunteer Coordinator
  - Goal is to make a presentation to the correct decision maker to make it happen
- Get permission from the decision maker: Warden or State Director of Prisons
- Have a meeting that hopefully includes:
  - Warden
  - IT dept head
  - Head of Security
  - Watch Commander for the time of the meeting
  - Chaplain or Volunteer Coordinator

Technology

- Access:
  - Wi-Fi
  - Internet
  - Telephone
  - Mail
- Applications:
  - Zoom (preferred)
  - Google Meet, WebEx, GoToMeeting, etc.
  - Custom or older Apps
  - The facility selects the app, NA adapts

Technology

If Wi-Fi exists and is sufficient

▶ A cart that has:

  ▶ Laptop with Wi-Fi capability

  ▶ Projector to show meeting against the wall or screen so all inmates can all see

  ▶ Speakers

  ▶ Necessary cables and extension cord

If inmates are allowed to speak, they can come up one at a time to the laptop microphone

Technology

- **If no Wi-Fi exists**
  - An internet connection that may be in a dedicated room such as education or visitation
  - Laptop or desktop with internet connection
  - Projector to show meeting against the wall or a screen so inmates can all see
  - Speakers
  - Microphone
  - Necessary cables

  If inmates are allowed to speak, they can come up one at a time to the microphone or podium

Technology

- **If no Wi-Fi and no internet exists**
  - Telephone meetings

- **If no Telephone**
  - Speaker CDs on a CD player
  - NA recovery material on CD/DVD

Security

▶ Make as few changes as possible! Everyone is watching and any security issues will have a bad effect on NA as whole. This is new and it has consequences beyond Covid-19.

▶ Use only the NA volunteers that were already cleared or use the standard volunteer clearance procedures. Anything else, get it in writing.

▶ Some facilities may have fewer restrictions but not many. Again – Get it in writing.

▶ Prisons and jails may require a picture of the cleared volunteers or the volunteer may be required hold up a badge or drivers license to start the meeting.

▶ Inmates needing to be anonymous can turn off their video.

Security

- The security people are concerned with unauthorized people passing messages.
  - Gang related messages.
  - Information used to smuggle contraband.
- The panel meetings should be encrypted and password protected.
- The ID of the meeting and password should be carefully handled.
  Email or text only to the people cleared for that meeting and authorized staff at the facility.

Literature and NA Materials

- NA literature should still be donated to the facility either by dropping off at the site or using the postal service to mail materials.
  - This should be done regardless of the state of online meetings.
- If the staff is OK with it, ask them to pass some out during the panel meeting.
- After checking with the staff that it is available, refer to the NA material in the facility library at the end of the meeting.
- Consider donating speaker CDs if the facility allows.
- The facility can print most literature free of charge.

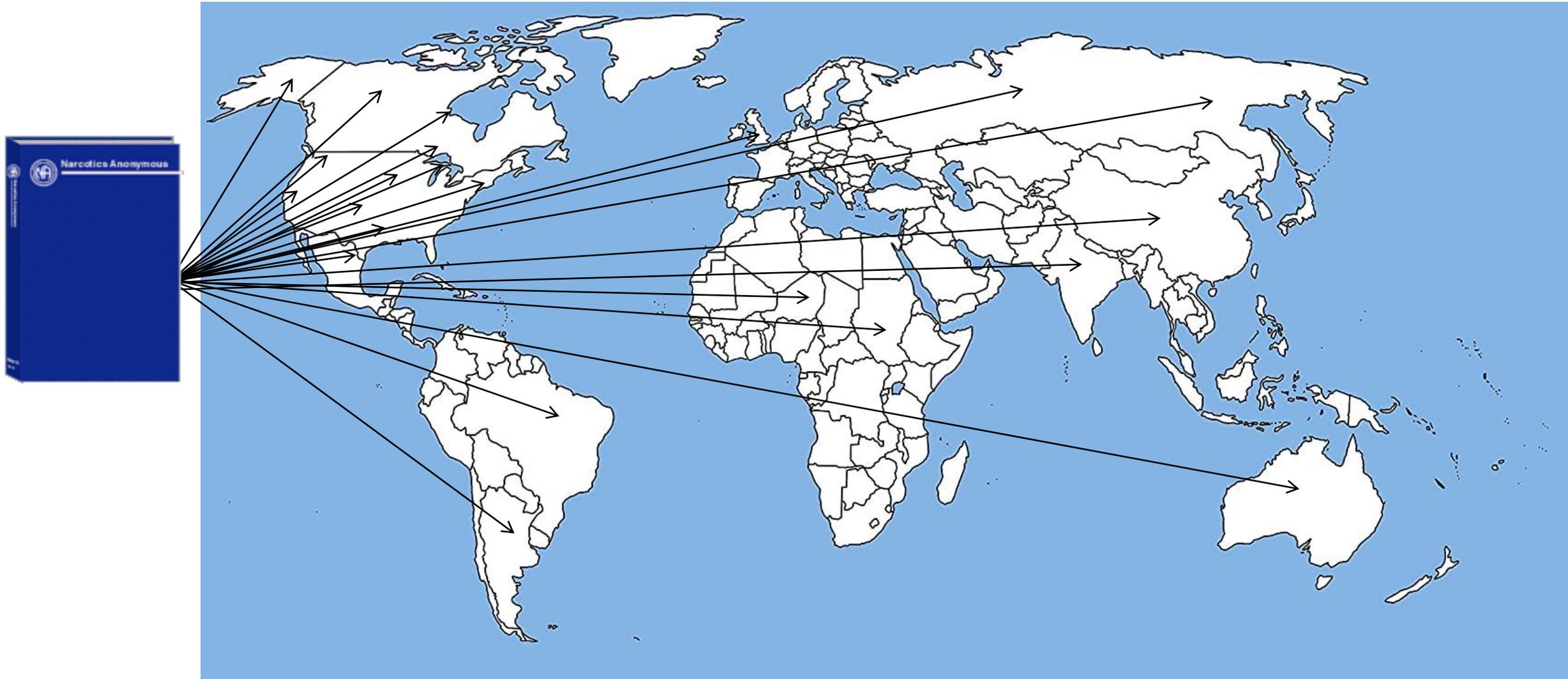# NA is Culturally Adaptable
Literature in over 70 languages

Don't Forget Reentry Programs

▶ This is often neglected and should have a PR/H&I presentation regardless of the state of online or physical meetings.

▶ Most facilities have a reentry program. Contact the Reentry manager and do a joint NA PR/H&I presentation to them. The goal is to get the facility to go to the local and world NA websites and print off meeting schedules and possibly other NA materials such as IPs to be given to people being released. This includes prisons, jails, and treatment centers.

> ▶ Material should include meeting schedules, hotline numbers, and for the time being, instructions to get online and also phone only meetings. May need to update frequently.

> ▶ In the case of prisons, this may require working with the facility IT personnel to allow access to the NA website.

A Vison Beyond Covid-19

► Crisis also means opportunity!

► Many prisons are in remote areas away from where the most NA volunteers live. After things are up and running online in one facility, NA PR/H&I people can use working examples to encourage bringing the NA message to more remote facilities.

► Visualize a special event where a single NA panel that has a circuit level speaker with clearance broadcasting online from their home (no travel costs) to multiple cell blocks in multiple facilities across the USA or even the world. Similar to prisons joining the World Convention of NA.

► Can be recorded for playback in different time zones.

A Vison of Carrying the Message of Narcotics Anonymous

Regions Around the World
76,075 Weekly Meetings Worldwide

Data is based on regional/zonal reports to WSC 2020 and NAWS database when available. Map not intended to be geographically accurate.

Legend (meetings ranges):
1-11 Meetings | 26-99 Meetings | 100-199 Meetings | 200-299 Meetings | 300-399 Meetings | 400-499 Meetings | 500-699 Meetings | 600-699 Meetings | 700-799 Meetings | 800-999 Meetings | 900-999 Meetings | 1,000-1,999 Meetings | 2,000-2,999 Meetings | 3,000-3,999 Meetings | 4,000-4,999 Meetings | 5,000-9,999 Meetings | 10,000-14,999 Meetings | 15,000-19,999 Meetings | 20,000-24,999 Meetings

USA—27,005 Meetings
*Non WSC Participant

#	Region	Meetings
1	ABCD	250
2	Alabama/NW Florida	381
3	Alaska	112
4	Arizona	404
5	Arkansas	314
6	Best Little	142
7	Buckeye	205
8	California Inland	213
9	California Mid-State	312
10	Carolina	991
11	Central Atlantic	584
12	Central California	316
13	Chesapeake & Potomac	365
14	Chicagoland	402
15	Colorado	300
16	Connecticut	276
17	Eastern New York	237
18	Eastern Pennsylvania*	94
19	Florida	1,052
20	Free State	797
21	Georgia	725
22	Greater Illinois	210
23	Greater New York	755
24	Greater Philadelphia	481
25	Hawaii	112
26	Indiana	439
27	Iowa	278
28	Kentuckiana Bluegrass Appalachian	600
29	Lone Star	616
30	Louisiana	276
31	Metro Detroit	412
32	Michigan	421
33	Mid-America	306
34	Mid-Atlantic	438
35	Minnesota	396
36	Mississippi	240
37	Montana	196
38	Mountaineer	184
39	Nebraska	208
40	New England	510
41	New Jersey	488
42	North Carolina	360
43	Northern California	1,305
44	Northern New England	139
45	Northern New Jersey	261
46	Northern New York	235
47	Ohio	537
48	OK Region	337
49	Pacific Cascade	500
50	Red River*	49
51	Region 51	258
52	Rio Grande	183
53	San Diego/Imperial	400
54	Show-Me	600
55	Sierra Sage	173
56	South Dakota	71
57	South Florida	869
58	Southern California	1,094
59	Southern Idaho	121
60	Tejas Bluebonnet	575
61	Tri-State	650
62	Upper Midwest	84
63	Upper Rocky Mountain	125
64	Utah	96
65	Volunteer	377
66	Washington/North Idaho	910
67	Western New York	222
68	Wisconsin	406

Canada—1,369 Meetings
*Non WSC Participant

#	Region	Meetings
CN1	Al-Sask	210
CN2	British Columbia	340
CN3	Canada Atlantic	90
CN4	Ontario	444
CN5	Quebec	285

Central America—3,326 Meetings
*Non WSC Participant

#	Region	Meetings
CA1	Antigua and Barbuda*	3
CA2	Aruba*	23
CA3	Baja Son	1,007
CA4	Barbados*	8
CA5	Belize*	4
CA6	Cayman Islands*	8
CA7	Costa Rica	260
CA8	Cuba*	27
CA9	El Salvador	81
CA10	Grenada*	1
CA11	Guatemala	104
CA12	Honduras*	104
CA13	Jamaica*	24
CA14	Martinique*	1
CA15	Mexico	749
CA16	Nicaragua	182
CA17	Occidente-Mexico	392
CA18	Panama	70
CA19	Quesqueyana	174
CA20	Region del Coqui	77
CA21	Saint Lucia*	5
CA22	Saint Vincent and the Grenadines*	2
CA23	Trinidad and Tobago*	18
CA24	Virgin Islands*	2

South America—7,490 Meetings
*Non WSC Participant

#	Region	Meetings
SA1	Argentina	704
SA2	Bolivia*	25
SA3	Brazil	420
SA4	Brazil Central*	296
SA5	Brazil Sul	406
SA6	Chile	420
SA7	Colombia	670
SA8	Ecuador	500
SA9	Grande Sao Paulo	981
SA10	Guyana*	7
SA11	HOW Brazil	955
SA12	Minas*	297
SA13	Nordeste Brazil*	252
SA14	Paraguay*	40
SA15	Peru	140
SA16	Rio de Janeiro	869
SA17	Rio Grande do Sul*	150
SA18	Uruguay*	180
SA19	Venezuela	98

Western Europe—3,918 Meetings
*Non WSC Participant

#	Region	Meetings
E1	Belgium*	53
E2	Cyprus*	4
E3	Denmark	110
E4	Finland	202
E5	France	175
E6	German Speaking	350
E7	Greece	125
E8	Greenland*	1
E9	Iceland*	9
E10	Ireland	237
E11	Italy	168
E12	Luxembourg*	2
E13	Malta*	11
E14	Netherlands	273
E15	Norway*	112
E16	Portugal	133
E17	Spain	232
E18	Sweden	440
E19	Switzerland*	67
E20	UK Region	1,214

Africa—499 Meetings
*Non WSC Participant

#	Region	Meetings
A1	Angola*	2
A2	Botswana*	1
A3	Cape Verde Islands*	3
A4	Congo	2
A5	Ethiopia*	1
A6	Gambia, The*	1
A7	Ghana*	2
A8	Kenya*	27
A9	Liberia*	9
A10	Malawi*	1
A12	Morocco*	2
A12	Mozambique*	3
A13	Namibia*	5
A14	Nigeria*	7
A15	Rwanda*	1
A16	South Africa	346
A17	Swaziland*	1
A18	Tanzania*	56
A19	Uganda*	6
A20	Zambia*	3
A21	Zanzibar*	6
A22	Zimbabwe*	14

Eastern Europe/Russia—3,460 Meetings
*Non WSC Participant

#	Region	Meetings
EE1	Adriatic*	21
EE2	Big Moscow*	561
EE3	Blacklands (Russia)*	87
EE4	Bulgaria*	10
EE5	Czech-Slovak*	19
EE6	Estonia*	24
EE7	Far East (Russia)*	53
EE8	Hungary*	46
EE9	Latvia*	22
EE10	Lithuania*	43
EE11	Moldova*	11
EE12	North-West Russia*	260
EE13	Poland	195
EE14	Povolzhye (Russia)*	416
EE15	Romania*	3
EE16	Siberia*	250
EE17	Turkey*	36
EE18	Ukraine	304
EE19	Ural & West Siberia*	363
EE20	Western Russia	736

Middle East—26,747 Meetings
*Non WSC Participant

#	Region	Meetings
ME1	Afghanistan*	51
ME2	Bahrain*	15
ME3	Egypt	213
ME4	Iran	23,825
ME5	Iran RT*	2,250
ME6	Iraq*	2
ME7	Israel	256
ME8	Jordan*	2
ME9	Kuwait*	26
ME10	Lebanon*	4
ME11	Oman*	14
ME12	Qatar*	7
ME13	Saudi Arabia*	57
ME14	Sudan*	4
ME15	United Arab Emirates*	21

Asia Pacific—2,261 Meetings
*Non WSC Participant

#	Region	Meetings
AP1	Aotearoa New Zealand	166
AP2	Australia	628
AP3	Bangladesh*	30
AP4	Bhutan*	8
AP5	Cambodia*	6
AP6	China*	27
AP7	Hong Kong*	11
AP8	Indonesia*	49
AP9	Japan	576
AP10	Malaysia*	7
AP11	Maldives*	4
AP12	Mongolia*	2
AP13	Nepal	95
AP14	NERF	25
AP15	Pakistan North*	9
AP16	Pakistan South*	5
AP17	Philippines	202
AP18	Singapore*	12
AP19	SOSONA	316
AP20	South Korea*	5
AP21	Sri Lanka*	3
AP22	Thailand*	73
AP23	Vietnam*	2

Resources and contacts

► World Services

   ► Narcotics Anonymous World Services, Inc.
     PO Box 9999 – Van Nuys, CA 91409
     USA Tel. +1/818.773.9999 Fax +1/818. 700.0700
     Website: www.na.org

► NA In El Paso, New Mexico, and Four Corners
    www.riograndena.org

► Follow-up: Rio Grande NA PR coordinator
Tom K. (408) 857-3438 tom@tomkondo.com

Backup slides if needed

Focused Pamphlets for the Public

- **Membership Survey:** Contains the results of a biennial survey of 28,495 NA members.

- **Information about NA:** Includes facts about the history of NA, organizational philosophy, and membership demographics.

- **NA: A Resource in Your Community:** This pamphlet provides information about local NA services that may be available such as public service announcements, phonelines, literature sales, and NA presentations for health fairs, schools and professional conferences.

- **Narcotics Anonymous and Persons Receiving Medication-Assisted Treatment:** This pamphlet is intended for professionals who prescribe medication to treat drug addiction. The service pamphlet *NA Groups and Medication* listed in the pamphlet contains a broader discussion of NA members and other medications.